

A day in the life Report

Workshop 8th September 2022

About the session

Our event "A Day in the Life" was to inspire young people to find work, as it is becoming increasingly difficult for autistic and disabled people to get into employment.

The hosts of this event themselves have had bad experiences of finding work; from being ridiculed to just not getting any answers from employers and as a result feel passionate about the subject.

Who ran the session?

The hosts and creators of this event were **Frazer Stansfield**, **James Gosling**, **Michael Allott**, **Jodie Bradley and Katie Hirst**.



The event was part of the "Anything is Possible" program, run by Rotherham Parent Carers Forum.

"Anything is Possible" is a partnership project that involves twelve voluntary and community sector organisations across Rotherham, with the aim of increasing employability skills.

The aims of the programme are to support people aged fourteen and over with additional needs. This program is also for family members to build confidence and make plans for the future.

The Rotherham Parent Partnership approached Speakup to

ask if we had any training sessions that could be delivered as part of this programme. Speakup employs thirteen people in full and part time work and suggested that a session facilitated by experts with lived experience may help to inspire young people to work.

The Rotherham Parent Partnership shared information about the event online and via their channels.

Eleven young people were booked onto the event and were supported by their family members.

We worked with Parent Partnership who provided food for the attendees and also brought their OWL device for virtual users, however everyone joined in person.

Feedback from the delegates

We received positive feedback and were asked if we would mind doing the event for a bigger audience in the future by Rotherham Partnership.

"I would listen to them all over again"

"It was helpful to hear the experiences from these having to manage not just ASC but to balance it among other physical and psychological conditions"

"I felt inspired by listening to them all talking about their experiences"

"Really informative, comforting to hear from the experiences from those with similar disabilities"

"They approached a sometimes patronizing topic with a clear wisdom and understanding"

"I would gladly bring a group of young people here from my school to listen to these people. I think it would be so helpful to them. It really touched me and helped"

"Thank you to everyone, it was amazing. I know it has helped Adam and me too! I thought you were all fantastic!!"